

# Ocapro



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Not all protein is created equal.

- Ocapro excellent source of high quality protein
- Ocapro helps repair muscle tissue damage caused while exercise. These tissues then grow stronger and better, helping in overall muscle growth & help to enhance performance
- Ocapro provides energy & good source of Vitamin A and D
- Ocapro boosts immune function
- Ocapro reduces risk of cardiovascular problems and lowering cholesterol
- Ocapro benefits skeletal health because of their Calcium, Vitamin D, and Magnesium content.
- Ocapro improves body composition because it contains whey protein which leads to better lean mass gain, which in turn improves body composition.
- Ocapro for a healthy weight gain  
It composed of high quality protein, low in fats which induce gain healthy weight, in form of quality muscles.  
when you focus more on carbohydrates and fats, you're ultimately going to gain just unhealthy extra fat.

## Composition:

Whey protein  
Skimmed milk protein  
Chocolate flavor

## Dose :

One to three sachets daily

